

# Year 4 learning from home

## Monday 13th July - Friday 17th July 2020



Dear parents/carers,

The Government have worked with schools across the country to create a set of daily lessons in English, Maths and another foundation subject. This initiative is called the Oak National Academy. The Government are recommending that schools use these carefully planned and sequenced lessons for children's learning from home.

We have suggested a daily routine for children to follow. We are also pleased to share with you the Oak National Academy weekly assembly and weekly collective worship for children to watch and join with.

The daily learning routine below is only a suggestion to help provide structure. You will decide what works for you in your home. We realise that the family will need to share laptops or mobiles, so only plan to do what you can. We recognise that parents may be working, caring for sick family members or looking after little ones, so choosing activities is up to you. The activities guide you and your child to be able to learn together or for your child to learn on their own. Parents are not expected to be teachers and these daily lessons are designed to keep children busy and enjoying learning, while providing flexibility for parents to run their household as they see fit.

We continue to provide a range of suggested additional activities which children may like to have a go at in addition to the daily lessons. Look out for the Science At Home Challenge further down the page.

*If you would like to share any of your child's learning from home with us, please take a photo and email it to the school. We'd be happy to see it. If you have any questions about home learning, please email: [office@sghsprimary.co.uk](mailto:office@sghsprimary.co.uk)*

Daily learning		Additional activities
<b>Daily Morning Activities</b> These are activities suggested for the morning every day.	<b>Daily Afternoon Activities</b> These are activities suggested for the afternoon every day.	These are additional activities you may like to have a go at.

## Warm-Up

- Daily half-hour PE/fitness session with Joe Wicks. Live at 9 am every day but can be watched at any time. [Click here](#)

## Daily Foundation curriculum lesson with Oak National Academy - [Click here](#)

Choose 'Year 4' then find the Foundation lesson for the day.

Click on the lesson title and then click 'Start lesson'

You can pause and re-watch the video as many times as you need to help you understand!

[Click to see how to use the Oak Academy lessons](#)

**BBC Bitesize** – The Government have also worked with the BBC to create online daily lessons. [Click here to have a go at these](#)

**Online Safety** – [Activities for children to learn about being safe online](#)

**Purple Mash** – Login to Purple Mash. [Click here](#) There are activities to support computing skills and learning across the whole curriculum.

## Daily Maths lesson with Oak National Academy - [Click here](#)

- Choose 'Year 4' then find the Maths lesson for the day.
- Click on the lesson title and then click 'Start lesson'

You can pause and re-watch the video as many times as you need to help you understand!

[Click to see how to use the Oak Academy lessons](#)

## Spellings to learn and practise at home

This week's spellings all end with the suffix **-ous**

A suffix is a letter or a group of letters that can be added to a word to change its meaning.

- Adding the suffix -ous turns a noun into an adjective. It means 'full of'. 'Dangerous' means 'full of danger'.
- When you add -ous to a word ending with 'e', drop the 'e'. 'Adventure' becomes 'adventurous'.
- When you add -ous to a word ending in 'y', replace the 'y' with 'i'. 'Fury' becomes 'furious'.
- When you add -ous to a word that ends with 'our', 'our' becomes 'or', then add -ous. 'Humour' becomes 'humorous'.

Watch a clip by clicking here: [words ending in -ous](#)

**Mathletics** – Login to Mathletics to access online maths games and activities set for your child by their class teacher. [Click here](#)

**TT Rock Stars** – Login to practise your times tables. [Click here](#)

**Phonics** – Online phonics games [Click here](#)

**Maths** – Watch the video lesson for the day on White Rose Maths – [Click here](#)

Problem solving maths at home with [Nrich](#)

**Music** – Can you compose your own piece of music? [Click here](#)

**Singing** – Learn a new song every day with Out of the Ark music! There are also activities and challenges related to each song. [Click here](#)

## Daily English lesson with Oak National Academy - [Click here](#)

- Choose 'Year 4' then find the English lesson for the day.
- Click on the lesson title and then click 'Start lesson'

You can pause and re-watch the video as many times as you need to help you understand!

[Click to see how to use the Oak Academy lessons](#)

## Daily Reading

Login to Oxford Reading Buddy. [Click here](#)

- Read a book from the 'My level' tab in the Library section. At the end of every book is a quiz which children should try to complete on their own. Their results will be sent to their teacher so that they can track your child's progress against key comprehension skills.
- You can read by yourself or you can read to an adult.

You can also listen to great stories being read aloud. [Click here](#)

Learn how to spell the words by practising every day. Use these **Steps to Success** to help you.

*Remember to ...*

- *Look at the word.*
- *Say the word.*
- *Write the word.*
- Check the word.

At the end of the week, ask a family member to test you, or give yourself a test.

If you are not sure what the words below mean, [click here to use an online dictionary](#) to find the definitions.

Once you have learned the words, write 10 sentences using at least 1 of the spelling words in each sentence. Remember to use capital letters and the correct punctuation. ***Example: The crowd cheered loudly when the famous singer walked on stage.***

### This week's spellings to learn:

1. poisonous
2. dangerous
3. mountainous
4. famous
5. various
6. tremendous
7. enormous
8. jealous
9. humorous
10. glamorous

**Storytime** – Listen to David Walliams read one of his stories. [Click here](#)

[Watch and listen to Michael Rosen](#) reading lots of stories and poems on his Youtube channel. Learn your own to perform!

**Computing** – Learn to type – Start at Lesson 1 and continue. [Click here](#)

Practise your typing using this online game. [Click here](#)

Practical activities to develop computational thinking without needing to sit at a computer. [Click here](#)

**Knowledge of the world** – [DK Find Out](#) has a large source of information to learn and explore.

**Art** – Creative art activities from the [Tate Gallery](#)

**First News** - Read this week's news from around the world. Each week a new edition of First News can be found where you find your Learning From Home class page.

You can also find puzzles and games to keep you busy in First News.

**Additional Activities** – If you would like to access additional activities for your child to complete at home, you could visit the Twinkl Home Learning Hub. [Click here](#)

## Assembly and Collective Worship

Assembly at school is a time for us all to come together. We can't all be together at the moment but the Oak National Academy are giving an assembly and a collective worship each week by video where we can all share in watching the same message.

You can find the weekly assembly and weekly 'Faith at home' collective worship on the page alongside your usual daily lessons.

Or you can [click here](#) to choose the assembly. Or [click here](#) to choose a 'Faith at home' collective worship.

## **Wellbeing - Keeping our mind and body healthy**

[Click here](#) to choose a video that matches how you feel, with ideas on what you could do to spread good feelings or help yourself to feel better.

[Click here](#) to choose activities to help with being calm.

[Click here](#) for Cosmic Kids Yoga. Join in with free yoga and mindfulness videos for children.

[Click here](#) for fitness, games and problem solving lessons by the PE Hub

[Click here](#) to visit the Change 4 Life website and join in with their fun Disney-themed '10 minute shake up' games!

[Click here](#) for Super Movers – Curriculum linked resources to get moving while you learn.

# SUMMER READING CHALLENGE

We encourage children to take part in the Summer Reading Challenge with the local library every year. The challenge is for children to read as many books as they can over the summer period. They earn points and badges for each book. [Click here to join the challenge.](#)

You can find lots of great books to read online from Camden Libraries. [Click here](#)

You will need to be a member of a library to use this. You can become a member for free. [Click here](#)

You will be able to access and download a range of screen based and non-screen based activities.

**PLEASE NOTE:** You will need to register for a free Twinkl account in order to access these resources.