



Executive Headteacher: Mrs Rebecca Harris **Head of School:** Ms Petra Slater

8th May 2020

Dear Parents and Carers

Today, the Nation are commemorating the 75th anniversary of VE Day to mark the end of fighting against Nazi Germany in Europe during World War Two. Victory in Europe (VE) Day on 8 May 1945 saw Britain and its Allies formally accept Nazi Germany's unconditional surrender after almost six years of war. It's impossible to think of how all the families must have felt at that time, but one thing is certain, it showed how working together and never giving up prevailed in the end.

As we continue to await further information and guidance about when and how we will be returning to school, it is heartening and thoroughly motivating to see how we are all pulling together as a school community. The teachers and staff continue to do a fantastic job of ensuring that online learning continues and evolves, children are working hard and sharing their creative and inspiring letters and home learning and parents – you are being super role models in keeping your loved ones and homes safe. These are difficult times and it is at these times that working together and sharing compassion, thankfulness and hope are central to our well-being and happiness. We would like to thank you for your continued support and hard work over this time and are very much looking forward to coming back together and continuing our important partnership.

With this in mind, it is also important that you look after yourselves too. This is not a situation anyone was prepared for and therefore take a moment to think how far you've come and all the things you've achieved. Adaptability and kindness are key. Have a look at the action calendar below for a Meaningful May. Ms Slater always looks at these calendars and tries to follow it. Even if she doesn't achieve the daily suggestion, it still gives her a positive focus for the day.

ACTION CALENDAR: MEANINGFUL MAY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>"Start Where You Are. Use What You Have. Do What You Can" ~ Arthur Ashe</p>				<p>1 Take a minute to remember what really matters to you and why</p>	<p>2 Do something meaningful for someone you really care about</p>	<p>3 Reconnect with nature today, even if you're stuck indoors</p>
<p>4 Focus on what you can do rather than what you can't do</p>	<p>5 Send friends a photo of a time you all enjoyed together</p>	<p>6 Take a step towards one of your life goals, however small</p>	<p>7 Let someone you love know how much they mean to you</p>	<p>8 Set yourself a kindness mission. Give your time to help others</p>	<p>9 Look out for positive news and reasons to be cheerful today</p>	<p>10 Tell someone about why your favourite music means a lot to you</p>
<p>11 What are your most important values? Use them today</p>	<p>12 Be grateful for the little things, even in difficult times</p>	<p>13 Today do something to care for the natural world</p>	<p>14 Show your gratitude to people who are helping to make things better</p>	<p>15 Find out about the values and traditions of another culture</p>	<p>16 Look around you and notice five things you find meaningful</p>	<p>17 Take a positive action to help in your local community</p>
<p>18 Hand-write a note to someone you love and send them a photo of it</p>	<p>19 Find a way to craft what you are doing to give it more meaning</p>	<p>20 Reflect on what makes you feel really valued and appreciated</p>	<p>21 Share photos of 3 things you find meaningful or memorable</p>	<p>22 Ask a loved one or colleague what matters most to them and why</p>	<p>23 Share an inspiring quote with others to give them a boost</p>	<p>24 Do something special today and revisit it in your memory tonight</p>
<p>25 Give your time to help a project or charity you care about</p>	<p>26 Recall three things you've done that you are really proud of</p>	<p>27 Today link your decisions and choices to your purpose in life</p>	<p>28 Tell someone about an event in your life that was really meaningful</p>	<p>29 Think about how your actions make a difference for others</p>	<p>30 Find three good reasons to be hopeful about the future</p>	<p>31 Look up at the sky. Remember we are all part of something bigger</p>

ACTION FOR HAPPINESS

www.actionforhappiness.org

Keep Calm · Stay Wise · Be Kind

31 actions to look after ourselves and each other as we face this global crisis together

Keeping in touch with you

As you know, we are keeping in regular touch with you via these weekly letters and through the learning from home materials. The class teachers will continue to write to their classes on a weekly basis (one of their favourite jobs) and if you have any questions please contact that school office.

In the week beginning 18th May, we will attempt to call every family to say hello to you and your children. We will mainly be calling you from our school telephones so you will see the school name come up on your telephone. Please do answer if we call.

We are not checking up on how much work children have been doing. As we have said from the start, it is for you to decide how best to run your households and if you and your family are healthy and happy that is a success!

Learning from Home

The staff continue to work from behind the scenes creating the weekly Learning from Home pages which can be found on the front page of our school website.

From last week we also included 10 spellings for your children to practice. These are linked to the National Curriculum spelling rules and will benefit them in their learning when they return to school.

In addition, there will be a link to a weekly assembly, carefully crafted by the brains behind the Oak National Academy.

As always, we look forward to receiving any examples of your learning from home, linked to our Learning from Home pages or of course, any other activities that you and your children are doing.

Childcare update

St George's staff continue to be busy attending the childcare hubs as part of the cluster of neighbouring Westminster schools. Our grateful thanks to the staff for providing childcare for vulnerable children and children of key workers. We are very proud of them.

Contacts you may find useful

National Voucher Scheme for Free School Meals

If parents are concerned about access to food, they can contact Westminster Connects or the C19 Hub for Kensington and Chelsea parents. These Hubs will then be able to signpost and refer families to local support.

Westminster Connects:

Tel: 020 7641 1222 (8am to 10pm, 7 days a week)

Email: westminsterconnects@westminster.gov.uk

Website: <https://www.westminster.gov.uk/coronavirus-advice-vulnerable-residents>

C19 Hub in Kensington and Chelsea:

Telephone: 020 7361 4326 – lines are open 7 days a week from Monday – Sunday from 9AM – 5PM.

Email: C19Hub@rbkc.gov.uk

Website: <https://www.rbkc.gov.uk/coronavirus-covid-19/covid-19-hub-and-support-residents/covid-19-hub-and-support-vulnerable>

Child Abuse Campaign

A new campaign in Westminster and Kensington and Chelsea is asking for everyone's help, to protect vulnerable children in their area during coronavirus.

If you're concerned a child is being harmed or abused, contact Children's Services on 020 7641 4000, 9am-5pm weekdays. Outside of these times, contact 020 7641 6000.

The signs of abuse can be hard to spot. The NSPCC has information on [different types of abuse and how to spot the signs](#), but it's important to remember that every situation is different. By reporting your concerns, Children's Services will:

- Listen to your concerns
- Gather information
- Assess the whole picture
- Decide what action to take.

If you believe a child is in immediate danger, call the police on 999. If it is not an emergency, You can [report a crime or incident online](#) or call 101 to give information to the police.

You can also speak to the NSPCC about your concerns. The [NSPCC Helpline](#) offers help, advice and support 24 hours a day by email. You can contact them at help@nspcc.org.uk or by phone 080 8800 5000 (8am-10pm Monday to Friday, 9am-6pm at weekends).

Are you a child or young person who needs to talk? Contact Childline for free on 0800 1111 or online via their [webchat](#).

Collective Worship ideas

Please see Collective Worship plan below for this week which can be used by families at home.

A prayer for the world

God of love and hope,
you made the world and care for all creation,
but the world feels strange right now.
The news is full of stories about Coronavirus.
Some people are worried that they might get ill.
Others are anxious for their family and friends.
Be with them and help them to find peace.
We pray for the doctors and nurses and scientists,
and all who are working to discover the right medicines
to help those who are ill.
Thank you that even in these anxious times,
you are with us.
Help us to put our trust in you and keep us safe.

Amen.

We miss you all very much and not a day goes by without us wondering what you are all doing and wishing you all safety and happiness.

Sending you all our very best wishes.

Let your light shine in the world as Jesus did, with compassion, thankfulness and hope.

Best wishes

Mrs Harris and Ms Slater

Abundance

**"I have come in order that you might have life - life in all its fullness."
John 10: 10**



Jesus knows each of his sheep by name. They hear his voice and follow him.

Equipment:

- Paper
- Pens/pencils/colouring pencils

Instructions:

- Draw a large outline of a person on your sheet of paper
- During the quiet reflection time, write down or draw inside the shape as many things you can think of that you have in abundance. (Abundance means to have large amounts of something.) Eg: Smiles, hugs, friends, family members, water to drink, food to eat, books to read, toys to play with.
- **After the reflection, it is time for you to do an activity:**
Options: Play, bake, design, sing. See details below.

Reflection: Begin by watching one of the clips. Note which

Recommended for: EYFS

[The Baa Baa Song \(He's the Good Shepherd\) - Sibling Harmony](#)

Recommended for: K.S 1 and Year 3 and 4

I am the Good Shepherd

<https://www.youtube.com/watch?v=ar732X9uO3I>

Recommended for: Year 5 and 6

I am the Good Shepherd

<https://www.youtube.com/watch?v=Z83TjsS7Et4>

In the parable of the Good Shepherd, Jesus speaks about himself being the gatekeeper - the person that opens the gate for the sheep. They hear his voice as he calls each of his sheep by name, and he leads them out. The sheep follow him because they know his voice. Back in Jesus' time, though the sheep would be secure in their sheep pen, there would be space where, instead of a gate, the shepherd would lie down to watch his sheep, to keep them secure in the pen, and to be alert should an enemy, like a wolf, seek to attack. Jesus also tells his followers that he has come so that they might have life – life in all its fullness. He is the Good Shepherd. Unlike the hired man who when the wolf comes to take the sheep, he runs away, the Good Shepherd protects his sheep. He is even willing to die for them.

To God, we are his sheep. He knows each one of us by name. He has come so that we might have life – life in all its fullness. God makes sure we have enough of what we need. Do we recognise his voice when he calls us? Do we give thanks to God for all that we have? Are we people who share what we have with others? Do we fill our lives and time with good things?

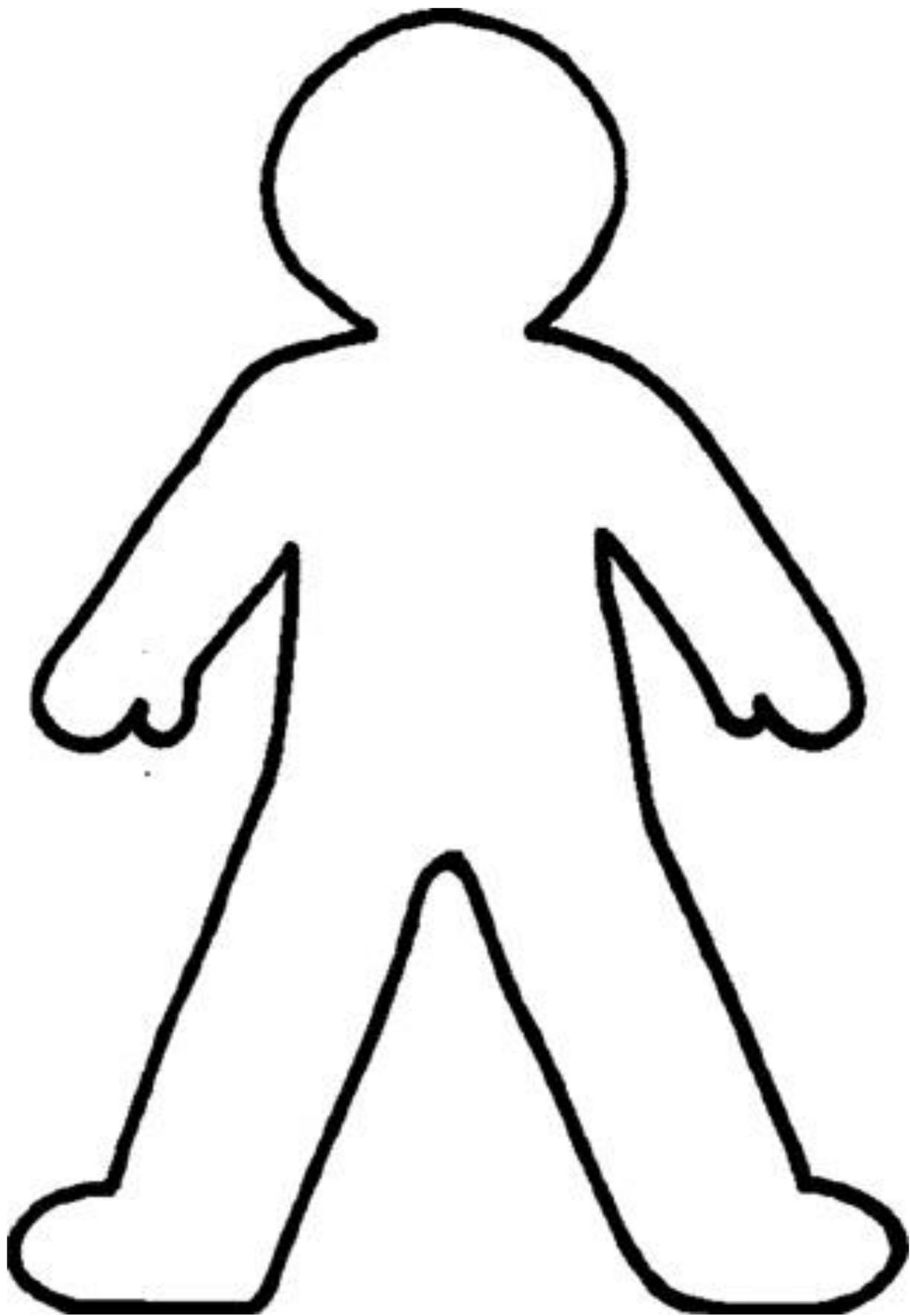
Time to be still and quiet:

During this time of quiet, write down or draw inside your shaped person as many things you can think of that you have in abundance. (Abundance means to have large amounts of something.) Eg: Smiles, hugs, friends, family members, water to drink, food to eat, books to read, toys to play with.

Around the outside of the person, I want you to think of people you could share the things in the middle of your person with.

I invite you to say this prayer: Dear God, thank you that you are the Good Shepherd who cares and loves each one of us. Thank you that you give us all that we need. Help us today and this week to share our things with others in our family. Amen

(Scroll down for a template to complete the reflection on and other activities to do.)



Play: **Picture quality**

Divide into pairs and give each pair some paper, a pencil and a blindfold. Explain that one of each pair will now be blindfolded and guided, in word only, by their partner to draw something simple, e.g. a house. Then ask the pair to swap roles. How did it feel to have to listen to someone else leading you? How often do we listen for God leading us?

Create:

Design a 'good shepherd'

The 'good shepherd' is one of the oldest known images in Christian art. It has also been found to be the image of Jesus to which young children relate to best.



Think of characteristics that make this such a powerful and attractive image. Eg – a guide, protector, comforter, looks out for you etc.

Have a go at making a **symbol** that represents the 'good shepherd'. What would your symbol include in it?

Pasture biscuits - An idea to do in the week if you don't have the ingredients in the house at the moment.



Make an edible reminder of abundance

You will need: plain biscuits, paper plates, green icing, spoons, long sweets, e.g. cola strips, liquorice laces, and mini marshmallows.

You will need a plate and two biscuits. Cover the top of the biscuits with green icing using a spoon. Place long sweets around the outside edge of the biscuits to make a fence (leaving a gap for the gate) and add a few marshmallows to the centre of each biscuit to represent sheep. Eat one and give the other to someone else in your family.

A song for younger children to enjoy singing.

Jesus shepherd (Tune: Baa baa black sheep), words by Emily Hoe-Crook)

Jesus shepherd, helping me to grow,
follow, follow, show me where to go.
If I turn away from him, Jesus loves me back again.
Jesus shepherd, helping me to grow,
follow, follow, show me where to go.