

St George's Hanover Square CE School, South St, Mayfair, London W1K 2XH

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**Executive Headteacher:** Mrs Rebecca Harris **Head of School:** Ms Petra Slater

Friday 1<sup>st</sup> May 2020

## Contacts you may find useful

### Coronavirus (COVID-19) advice and support for parents and carers (NSPCC)

The NSPCC has created a number of resources to support parents and carers during this difficult time. Topics include:

- Talking to a child worried about coronavirus
- Parents working from home
- Children staying home alone
- Lockdown and separated parents
- How to cope with tantrums and other difficult behaviour

The advice can be found on the NSPCC website here: <https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>

### Domestic abuse awareness campaign

Is someone at home **harming you** or making you feel **afraid**? If you are worried about domestic or sexual abuse at home The Angelou Support Service is available to provide help for anyone aged 13 or above.

### For help call: 020 8741 7008

Mondays to Fridays: 10.00am – 6.00pm

Translators are available.

### Mentally Healthy Schools (Anna Freud Centre)

The Anna Freud Centre has published a range of resources to help support the mental health of children, young people, school staff and parents. The third toolkit in the series has just been released. You can find them here:

Coronavirus: Resources for mental health and wellbeing  
Toolkit 1

- videos to provide practical guidance and tips to schools, parents and carers about coronavirus (COVID-19) and mental health
- activities to ease anxiety that can be done at school or at home and other helpful advice, helplines and resources for adults and children.
- <https://www.mentallyhealthyschools.org.uk/resources/coronavirus-resources-for-mental-health-and-wellbeing-toolkit-1/>

Toolkit 2

- resources to help children with SEND and
- responding to the unique challenges that may arise for vulnerable children

<https://www.mentallyhealthyschools.org.uk/resources/coronavirus-resources-for-mental-health-and-wellbeing-toolkit-2/>

### **Outdoor play provision**

Are you struggling to find outdoor space for your child/ren? If so, please contact Keith Davidson who is offering one hour play slots between 11.00am and 4.00pm Monday- Friday. **To book a slot please contact beforehand.**

Fortune Green Play Centre  
Fortune Green Road  
London  
NW6 1DR



Tel. 020 7183 5120 Opt. 2 Ext 621

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### **Computer and internet access**

Westminster City Council is providing access to computers in special areas at Victoria and Church Street libraries during the lockdown, to help residents who do not have their own computer or internet access at home. Residents can use a computer for up to 45 minutes from Monday to Friday, between 10am and 4pm. Each computer and workstation are carefully cleaned after each customer and there is a 2-metre distance between desks. Staff are on hand to help with IT queries and to ensure that safe social distancing is observed at all times, including queuing when demand is high. The rest of the library will remain closed, and there will be no access to printers or other services.

More information can be found at [www.westminster.gov.uk/coronavirus-advice-residents#libraries](http://www.westminster.gov.uk/coronavirus-advice-residents#libraries)

**Let your light shine in the world as Jesus did, with compassion, thankfulness and hope.**

**Mrs Harris and Ms Slater**